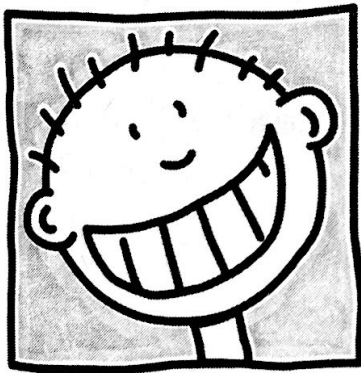




Open Wide



Eeew! The dentist! No one likes going to the dentist in any language! We don't want to **offend** dentists out there, but we **bet** even dentists don't like going to the dentist. Still, it's one of those things that must be done. Most dentists recommend a **checkup** every six months. The **hygienist** will do a **cleaning**, and the dentist will check for any problems and make sure the mouth looks healthy. But you know it's bad news when you wake up with a **throbbing** headache and a pain in your mouth. What a nightmare! There's no time to wait for your regular checkup appointment; you need to **have it checked out** immediately. **Oh, come on**; it's not so bad. Don't think of it as 20 minutes you're spending with your mouth wide open, while someone puts sharp **instruments** in it and **pokes** around. Think of it this way: you're spending 20 minutes in a big **comfy** chair while someone else is home taking care of the kids! (Somehow, we think you're **not buying** that . . .)

DIALOGUE 1: TRACK 33

DR. SMILEY: Hi, Lia. What seems to be the problem today?

LIA: I hope you can tell me! A **chunk** of my tooth broke off yesterday.

DR. SMILEY: That's not good. Did you bite something hard?

LIA: No, I didn't . . . that's the **weird** thing. It just kind of fell out.

DR. SMILEY: Did it hurt when it broke?

LIA: Yes, it did, just a little; but it started to hurt **like crazy** this morning.

DR. SMILEY: I think **we'd better** take a full set of X-rays . . . Okay, **open wide**. Let me take a look. Oh, boy. Yes, it looks like you've **exposed** the **root** on your left **molar**.

LIA: *rgscht rfgsh!! ghs gtfhhkj?*

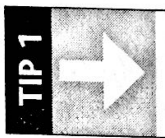
DR. SMILEY: Sorry. I'll be done in a minute. **I'm afraid** you'll have to have a **root canal**. I can put in a **temporary filling**, but you'll have to come back in two weeks for the **procedure**.

LIA: Do I *have to* have a root canal? My tooth doesn't really hurt too much.

DR. SMILEY: If we don't take care of this quickly, it may become **infected**, and it will hurt a lot. I'll tell Dina to set up an appointment, and I'll see you back here **in two weeks, on Tuesday, the 14th, at 3 p.m.**

LIA: Will the procedure hurt?

DR. SMILEY: I'll give you **medication** so that you won't feel any pain. Relax! It's not so bad!



Regular visits to the dentist can prevent problems from happening. The dentist is your friend! Yes, really!

VOCABULARY

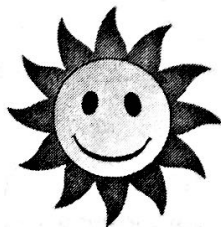
- ① **bet:** be pretty sure
- **checkup:** an examination to be sure everything is healthy
- ① **chunk:** a big piece
- **cleaning:** removing anything that is on the teeth
- ① **comfy:** comfortable
- **exposed:** open

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Fun Fact!
 At your regular dental ...
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REMEMBER 1: The
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 ... to best simple questi ...
 ... No, I didn't. We ...

- **filling**: substance put into a hole in the tooth to protect it
- ① **freebie**: something special you get without paying
- ① **have something checked out**: have something looked at or examined
- **hygienist**: professional who cleans your teeth with special tools
- ① **I'm afraid**: unfortunately
- **infected**: filled with bacteria and very sore!
- **instruments**: special tools
- ① **like crazy**: A LOT!
- **medication**: medicine
- **molar**: large tooth in the back of the mouth
- ① **not buying**: not believing
- **offend**: cause someone to feel angry or upset
- ① **oh, come on**: *really!*
- ① **open wide**: open your mouth (so I can get these dental tools in there and find the problem!)
- **poke**: touch, in a sharp way
- **procedure**: process of repairing something
- **root**: the base part of the tooth, under the gums (mouth tissue)
- **root canal**: dental procedure removing material around the root of the tooth
- **temporary**: for a short time
- **throbbing**: aching, almost vibrating
- ① **we'd better**: we should
- **weird**: strange



Fun Fact!

At your regular dental checkups, the hygienist will usually give you some **freebies**: a new toothbrush, some floss, and maybe some new products to try. Maybe they just want you to keep coming back . . .

GRAMMAR REMINDER 1: The Past Simple Tense—

Short Answers

For short answers to past simple questions, *don't* repeat the verb. Simply say: **Yes, I did** or **No, I didn't**. We usually use the contraction in short answers.

Examples:

Did you bite something hard? **No, I didn't.**

Did it hurt when it broke? **Yes, it did.**

Remember: The answer will be different with that wacky verb to be!

Examples:

Were you eating something hard? **Yes, I was.**

Was it very painful at the time? **No, it wasn't!**

GRAMMAR REMINDER 2: Prepositions of Time

Use the prepositions *in*, *at*, or *on* to talk about time.

Examples:

In is used for periods of time.

in two weeks; in three months; in ten years

At is used for an exact time.

at 3 p.m.; at noon

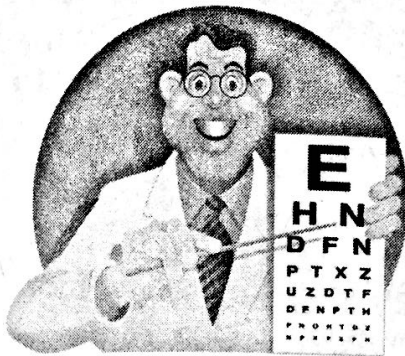
On is used for days and dates.

on Tuesday; on August 6

MORE FUN WITH IDIOMATIC EXPRESSIONS: Teeth

- **sink your teeth into something:** do something in an excited way
This is a well-written book about an interesting subject. I can really sink my teeth into it.
- **lie through your teeth:** lie about something everyone knows is false
He was soaking wet, so he was lying through his teeth when he said he had not gone into the lake.
- **by the skin of your teeth:** just barely manage to escape a big problem
Wow, that was close! I missed crashing my bike into that car by the skin of my teeth.
- **like pulling teeth:** do something with a lot of difficulty
It was like pulling teeth when the woman tried to get her cell phone company to discuss a cheaper rate.
- **bite off more than you can chew:** take on more work than you can handle at the time
She bit off more than she could chew when she agreed to work extra hours on the busy holiday weekend.

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TRACK 34
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See here. A regular visit to the eye doctor is another important step in keeping healthy, but when it comes to taking care of your vision, things can become a little **fuzzy**. Not all eye care is covered by health insurance. Many health plans will not pay for glasses, but most will cover medical care of eye diseases. Three kinds of professionals specialize in care of the eyes:

opticians, optometrists, and ophthalmologists.

An optician is a professional who makes the glasses that an optometrist or ophthalmologist prescribes for a patient.

An optometrist can examine the eyes and prescribe corrective lenses. He can also treat some eye problems. An optometrist is not an **M.D.**, but he has completed **pre-med** courses at a university and graduate courses at a college of optometry.

For serious eye problems, you should see an ophthalmologist, an eye professional who is an M.D. and who can perform surgery on the eye if necessary.

DIALOGUE 2: TRACK 34

LIA: Hi. I'm here for my eye examination. I know I'm a little early. My appointment is at 2 p.m.

DR. SPECS: That's fine. Is this your regular checkup, or have you been having any problems?

LIA: Well, I'm about **due** for my checkup, but I'm a little **concerned** about some headaches I've been having lately.

DR. SPECS: Hmm. Have you been under any extra **stress** at work or at home lately? That could cause some of your symptoms.

LIA: I'm *always* under stress! But maybe that's all it is.

DR. SPECS: Let's just check things out to be sure there's no **underlying** problem. How about your family history? Any eye problems that you know of?

LIA: Actually, my grandmother had **glaucoma**, and my dad takes drops to control his eye pressure. Oh, yeah, and my mom had **cataracts** removed.

DR. SPECS: Well, I think it's important to do a **thorough** exam. I'm going to check your vision, look at both the inside and outside of your eyes, and measure the **pressure**. I'll need to **dilate** your **pupils**, so it'll be a little while

before you can drive home. And we'll check the prescription for your glasses.

LIA: I'll feel much better to know everything's okay. Now that you mention it, maybe my prescription needs to be changed. Could that be causing my headaches?

DR. SPECS: Sure it could. We'll check it out. If everything's okay, I'll see you back in two years for a regular checkup.

TIP 2



If you need to get glasses, there are plenty of places to get the prescription filled. But remember, you also can find anything on the Internet! There are websites that will take your prescription and send you exactly the cool **frames** you want—usually at a much lower price than the stores in your local mall. Yay! We love a bargain!

VOCABULARY

- **cataracts:** cloudy spots on the clear layers of the eye
- **concerned:** worried
- **dilate:** make the pupil of the eye open wider
- **due:** expected
- **frames:** the metal or plastic part of eyeglasses (that can make you look like a rock star!)
- **fuzzy:** blurry; not clear
- **glaucoma:** a disease of the eye that causes high pressure inside the eye
- **M.D.:** **M**edical **D**octor, or physician, who has completed medical school and hospital training
- **pressure:** the force of something pressing
- **pre-med:** courses leading to a medical doctor's degree
- **pupil:** the small black opening in the center of the eye
- **stress:** tension caused by worrying
- **thorough:** complete
- **underlying:** below; not easily seen

MORE FUN WITH IDIOMATIC EXPRESSIONS: Eyes

- **a sight for sore eyes:** something that is wonderful to see
Lin hadn't seen James for months. When he came home, he was a sight for sore eyes.

• **in the public eye:** when the newspaper is happy to be in the public eye
• **look someone straight in the eye:** without embarrassment
• **After the waiter spilled the coffee, he couldn't look her straight in the eye.**

• **not see eye to eye:** disagree
• **They couldn't see eye to eye on the beach, and she wanted to turn a blind eye.**
• **pretend not to see something:** He wasn't supposed to have turned a blind eye when



Fun Fact

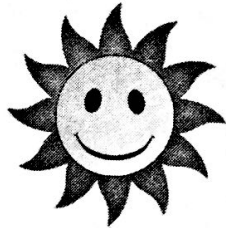
You can't see impossible

WOOF!



Are you a pet lover? A little friend who works, or who works your ice cream truck? Your comfy chair is like one of those Rover gets lots of pet owners. Have, little Rover will be excited committed to taking care of our United States, a doctor who is a veterinarian. What's the matter with most Americans? Because it's so easy to get an animal doctor as "the vet."

- **in the public eye:** able to be seen by many people
*When the newspaper wrote about the politician's mistake, he was not happy to be **in the public eye**.*
- **look someone straight in the eye:** look at someone without shame or embarrassment
*After the waiter spilled the woman's soup, he was so embarrassed that he couldn't **look her straight in the eye**.*
- **not see eye to eye:** disagree
*They couldn't **see eye to eye** on their vacation plans. He wanted to go to the beach, and she wanted to go to the mountains.*
- **turn a blind eye:** pretend not to see something
*He wasn't supposed to have cookies before lunch, but his grandmother **turned a blind eye** when she saw him reach for the box.*



Fun Fact!

You can't sneeze with your eyes open! It's impossible. (Try it, if you don't believe us.)

WOOF!



Are you a pet lover? Do you share your home with a **furry** little friend who **wags** his **tail** when you come home from work, or who jumps in your lap and **purrs**? Do you share your **ice cream cone** with little Rover? Is he **snuggled** in your comfy chair? Pet lovers will tell you that their little friend is like **one of the family** . . . Woof! That means that little Rover gets lots of **TLC** . . . just like the kids! The upside of pet ownership is that no matter how bad a day you have, little Rover will be excited to see you. The downside is that you are **committed** to taking care of one more **creature** with aches and pains. In the United States, a doctor who is specially trained to treat animals is called a **veterinarian**. What's the matter? Can't say that one fast? Ha! Neither can most Americans! Because it's such a **tongue twister**, most people refer to an animal doctor as "the vet." We can all say that one!

DIALOGUE 3: TRACK 35

VET: I haven't seen little Rover here for quite a while. What seems to be the problem?

LIA: I'm really worried about him. You know he's always been a very active dog, but lately he seems to be very **stiff** in the back legs. If he's been lying down for a while, he has a tough time getting up. When he walks, I've noticed that he **limps**.

VET: Has he had any type of **injury**?

LIA: No, just the usual running and jumping. Nothing else.

VET: I know he's a pretty active dog, but **hip** problems are quite common in that **breed**. Let me check him out thoroughly. I think we'll need to get some X-rays to **see what's going on** here. I'll have to **sedate** him before doing the tests. Is that okay?

LIA: Sure, do anything you have to do. Can you do the tests now?

VET: No, you'll have to bring him in tomorrow. It will take a little while for the **sedative** to work, and then he'll need some time to wake up from it.

LIA: My poor little Rover!

VET: Let's plan on tomorrow morning, **first thing**. Is that OK for you?

LIA: **Absolutely!** I'll have him here first thing. What time do you open?

TIP 3

Health insurance is such a great idea for people that someone **figured out** it would be just as good for people's pets. Yes, you can buy health insurance for Rover! Your vet will have all the **details**. That's de—TAILS. Haha!

VOCABULARY

- ① **absolutely!**: for sure! of course!
- **breed**: type, kind
- **committed**: decided to do something
- **creature**: animal
- **details**: all items of information
- ① **figured out**: had an idea; understood
- **first thing**: as early as possible

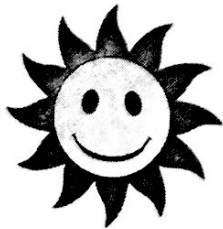


Fun!
A very
left \$1:
dog. W

Make friends
be a millionair

MORE FUN WITH IT!
as sick as a dog: very
missed the party beca
light like cats and
they're best fr
they awa

- **furry**: covered in fur
- **hip**: the bone joint between the waist and the legs
- **ice cream cone**: a serving of ice cream in a cone-shaped cookie
- **injury**: hurt caused by some event
- **limps**: walks with difficulty because of a hurt leg
- ① **one of the family**: as if an actual member of the human family
- **purrs**: makes a vibrating sound (that's a happy cat!)
- **sedate**: make calm, tranquil with medicine
- **sedative**: a medicine that puts you to sleep
- ① **see what's going on**: see what the situation is
- **snuggled**: sitting comfortably
- **stiff**: hard to move
- **tail**: the back part of an animal (it's what the dog wags!)
- **TLC**: Tender, Loving Care; what we give to those we love
- **tongue twister**: a word or expression that is very difficult to say
- **veterinarian**: animal doctor
- **wags**: moves from side to side in an excited way
- **wealthy**: rich; having lots of money
- **will**: an official paper that explains what must be done with your money after your death



Fun Fact!

A very **wealthy** woman in New York City left \$12 MILLION in her **will** for her little dog. Woof, woof!

TIP 4



Make friends with the doggie next door. You never know if he'll be a millionaire one day. Haha!

MORE FUN WITH IDIOMATIC EXPRESSIONS: Dogs

- **as sick as a dog**: very sick
I missed the party because I was as sick as a dog; I just stayed in bed.
- **fight like cats and dogs**: fight or argue a lot
They're best friends now, but when they were young kids, it seemed that they always fought like cats and dogs.

- **raining cats and dogs:** raining very hard
The hurricane left the area, but it was still **raining cats and dogs.**
- **you can't teach an old dog new tricks:** it's very hard for someone to change the way they do things
Margaret tried to teach her grandmother how to use e-mail, but her grandmother just couldn't figure out the computer. Grandma just said, "I'd rather just write a letter on paper. **You can't teach an old dog new tricks.**"
- **going to the dogs:** getting bad
His lunch business started **going to the dogs** when the stores next to him closed.

VOCABULARY

- Fill in the missing words. The first letter is given.
1. Did you hear about poor John's burglary yesterday. Someone stole her money and jewelry.
 2. I had a bad car accident last week. I don't remember anything.
 3. Paul was a w_____ when the police arrived to find out about what happened.
 4. I think I have the flu. I have a runny nose. I think I'll go up to the doctor.
 5. If you are going to school, don't spread any germs.
 6. My body a_____s all over.
 7. When you go to the doctor, you get a _____.
 8. I was so tired this morning that I fell asleep when the bus line started.
 9. I really don't want to go to the doctor. I'm going to do a r_____.
 10. I need someone to pick me up from school. _____ my pupils, so they can get home.
- FORMAL LANGUAGE**
- Fill in the blanks in the idiomatic expressions.
1. I thought the new job would be a _____ panacea.
 2. Aunt Hilda is in bed with a _____ cold and visit _____.